



**OHIO COUNTY SCHOOLS CHILD NUTRITION DEPARTMENT
High School Lunch Menu SEPTEMBER 2017**



STUDENTS MAY RECEIVE 1 FREE LUNCH MEAL PER DAY

Milk only or Extra Milk \$.40 Cash Only; 2nd Lunch: \$1.75; Adult Meal Price: \$5.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 SCHOOL CLOSED 	5 Hamburger or Garden Burger w/wo Cheese on WW Bun Sweet Potato Fries Vegetarian Baked Beans Sweet Corn, Fresh Fruit Salad Oatmeal Cookie	6 Pepperoni Calzone Fruit & Yogurt Parfait Garlic Green Beans Spinach & Tomato Salad Mandarin Oranges Grahams	7 Italian Beef Hoagie/Cheese Baked Oven Fries Mixed Vegetables, Carrots Garden Side Salad Bagged Apple Slices Pudding	8 Baked Chicken Tenders WG Macaroni & Cheese California Blend Vegetables Fresh Cucumber Slices Frozen Shape Up, Apricots WW Roll/Margarine
11 WG Meatball Hoagie/Cheese Oven Baked Tator Tots Broccoli Parmesan Green Pepper Slices Garden Side Salad Fresh Cut Melon	12 Baked Fish/Bun/Cheese OR Turkey Pretzel Dog Garden Blend Rice Mixed Vegetables Crisp Carrots, Diced Pears Double Chocolate Oat Bar	13 Plain/Spicy Boneless Wings Au Gratin Potatoes Seasoned Edamame Fresh Broccoli Applesauce WW Roll/Margarine	14 Taco in a Bag w/Shredded Lettuce, Tomato & Cheese Steamed Brown Rice, Corn Seasoned Black Beans Fruit Cocktail Jello	15 WG Garlic Cheese Pizza OR Pepperoni Pizza Fruit & Yogurt Parfait Mixed Vegetables Crisp Carrots, Garden Salad Pineapple Tidbits, Grahams
18 Chicken Quesadilla Steamed Brown Rice Mexicali Corn Fresh Broccoli Garden Salad Applesauce	19 Pepperoni or Cheese Pizza Yogurt Cup 3 Bean Salad Peas & Carrots Fresh Red Pepper Slices Frozen Fruit Shape Up	20 Steak & Swiss on WW Bun Hashbrown Triangles Celery Sticks Garden Side Salad Fresh Mixed Fruit Salad Grahams	21 Baked Fish/WW Bun with or without cheese OR Corndog Baked Sweet Potato Fries Spinach Orzo Blend Mixed Vegetables, Carrots Diced Pears	22 Penne Pasta w/Marinara OR Alfredo Sauce, Meatballs WG Cheese Breadstick Garlic Green Beans Spinach & Tomato Salad Bagged Apples, Pudding
25 Hamburger or Garden Burger on WW Bun w/wo Cheese Sweet Potato Tots Vegetarian Baked Beans Fresh Broccoli, Garden Salad Diced Peaches	26 Baked Chicken Nuggets Roasted Red Potatoes Broccoli w/Cheese Sauce Crisp Baby Carrots Fruit Cocktail WW Roll/Margarine	27 Taco in a Bag with Shredded Lettuce, Tomato, Cheese Steamed Brown Rice Sweet Corn Pineapple Tidbits Jello	28 Shredded Pork BBQ/Bun OR Beef & Bean Burrito Mixed Vegetables Roasted Tri Color Potatoes Broccoli Slaw Baked Cinnamon Apples	29 General Tso's Chicken Vegetable Egg Roll Steamed Brown Rice Glazed Carrots Cucumber Slices Mandarin Oranges

All meals include a variety of milk and water. A variety of fresh fruit and vegetable options are available daily. Wrap Meals and Entrée Salads also available.
A variety of bagged lunch selections are available for Advisory Periods only. Menus are subject to change.

This institution is an equal opportunity provider.

PAYMENTS FOR OUTSTANDING ACCOUNTS SHOULD BE PAID IN FULL AT THIS TIME.

Past accrued debt on Child Nutrition accounts remains the responsibility of the parent/guardian.